

ROATH AND CATHAYS MINISTRY AREA
***News from St Edward's
& St Margaret's***



Lent 2023

Free but donations always welcome

Roath and Cathays Ministry Area (RCMA)

Ministry Area Leader:	Canon Stewart Lisk Tel: 20487854; 07794157604 email: <i>stewartlisk@live.co.uk</i>
Vicar	The Reverend Caroline Downs
Vicar	The Reverend Irving Hamer
Reader:	Mr Geoff Smith Tel: 20499498.
Ministry Area Wardens:	Dr Heather Doe Mr Peter Lovitt
Ministry Area Treasurer:	Mr Jim Bendon Tel: 20482082
Ministry Area Secretary	Mrs Angela Parry MBE
Roath Church House bookings	RCH Booking Secretary Mrs Anna Mason Tel: 07720641653
Website:	www.roath.org.uk

The Clergy are always available to minister to the sick and dying. Please inform the clergy of sickness. Holy Communion may be received at home by those who are unable to come to church.

Confessions and the Sacrament of Healing by arrangement.

Copy date for the next Magazine (Easter) is March 19

From the Ministry Area Leader the Reverend Canon Stewart Lisk

My dear Friends,

You will not be surprised to learn that your clergy are required to attend many meetings, often organised by Llandaff Diocese, Cardiff Deanery, our schools and numerous other organisations serving our church and community. Recently all the Ministry Area Leaders of the diocese were summoned by the Archbishop's Commissaries to St Elvan's Church, Aberdare for a day meeting. Amongst many things on the agenda was a review by them of our first year as Ministry Areas. We were all asked to contribute one good thing that has come out of this initial period of our formal working together, in our case as five churches from the four former parishes.

I immediately thought of a one word answer to the question. It had nothing to do with administration or finance or covering many Sunday services. It was a four letter word, LENT. Last year it was really encouraging and inspiring to see how groups and individuals, lay and ordained, offered worship, reflection, charitable work and fellowship in various ways throughout the Ministry Area. I am really pleased to say that at our recent RCMA council meeting it was agreed that we again share together some of our Lenten activities.

For some people Lent means attending an additional service, perhaps our weekly choral evensong in St Edward's or one of the regular weekday Eucharists, Tuesday 10am in St German's, Wednesday 9.30am in St Margaret's, 10.15am in St Edward's and Thursday 2pm in St Michael's. St Martin's has a daily mass at regular published times. For other people something different is what they want in Lent. Again this year we are offering special Lenten services. The season will begin on Ash Wednesday 22nd February with several Eucharists in our churches at the usual times and an additional 7.30pm evening Sung Eucharist in St Margaret's. These will all have

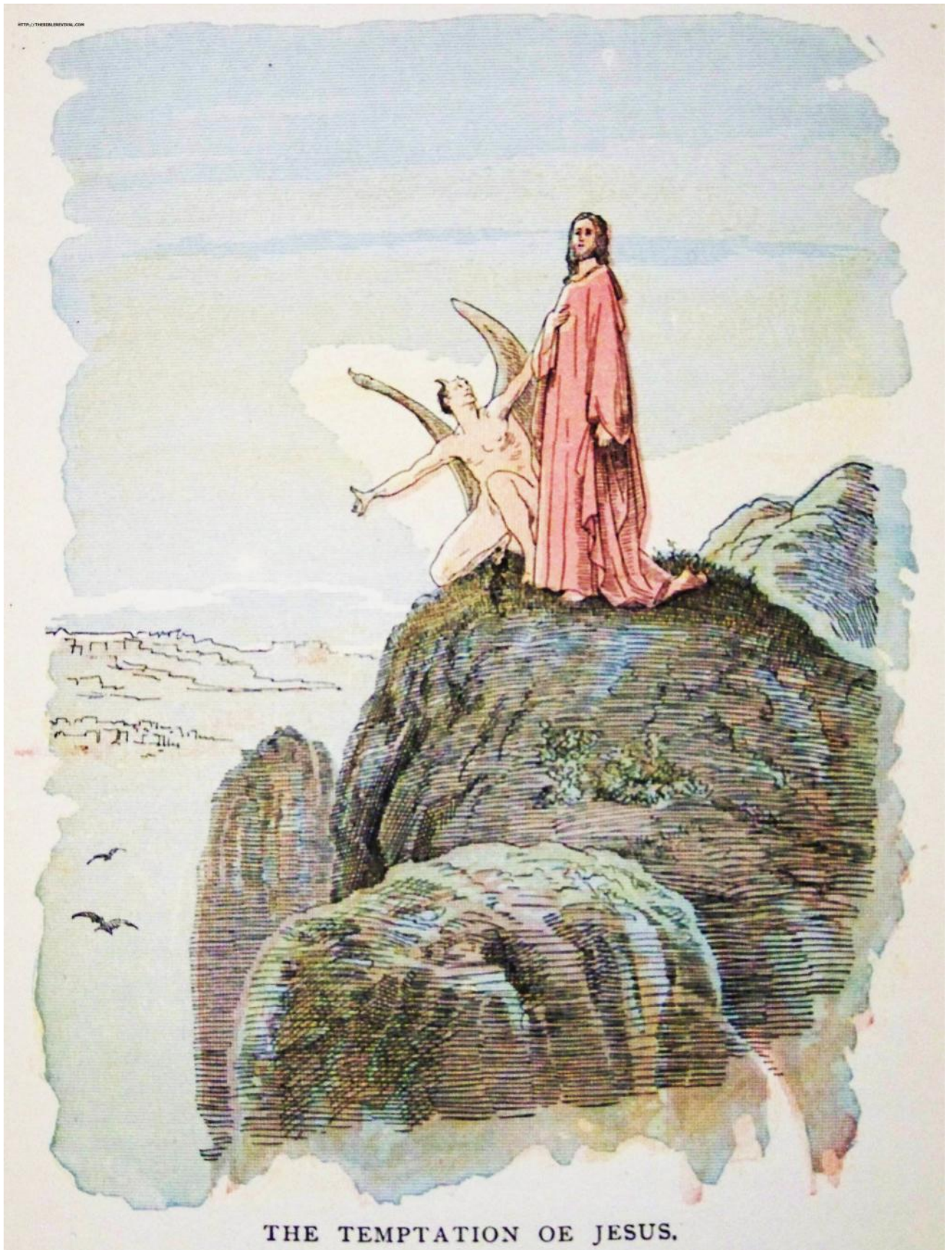
the traditional blessing and imposition of Ashes which initiates this solemn time. It is a day of obligation when all baptised Christians should try to be in church.

On Mondays from 27th February in St German's at 6.30pm, we will have the service of Stations of the Cross where we follow in prayer, images and readings the journey of Christ to Calvary. There will be a mass following at 7pm. On Wednesday mornings in St Martins from 7am there is a time of prayer and meditation on Lenten themes. For those who enjoy the fellowship of a group session there will be on Wednesday evenings in St Michael's from 7.15pm to 8.30pm four Lent Groups: 8th March -Jesus sharing bread, 15th March- Jesus the friend, 22nd March -the Servant Jesus, 29th March-the vulnerable Jesus. Each session will include a mixture of art, poetry, music, prayer and meditation. On Fridays from the 3rd March to the 31st March there will be Lent Lunches in St German's Church Hall. These will be preceded by a short meditation in Church from 12noon. The bread, soup and cheese lunch will be from 12.45pm. These will be raising funds for Christian Aid. All these services and events are open to all of us from across the Ministry Area and friends from elsewhere.

Jesus was alone in the wilderness for 40 days and nights, fasting and praying. Such discipline is impossible or unattainable for most of us in our busy and committed lives but as we seek to follow Jesus in our time, it is good if we can find some moments to be in prayer, reflection and contemplation in whatever way we can during Lent. Please use some of these opportunities mentioned here if you can to make the most of what our Ministry Area fellowship affords.

With prayers and good wishes,

Stewart.



Diocese Reacts to New Bishop of Llandaff

News Posted: 23 January 2023



The Rt Rev'd Mary Stallard has been elected the new Bishop of Llandaff by the Electoral College of the Church in Wales on the second day of its meeting at Llandaff Cathedral.

Bishop Mary, who is currently the Assistant Bishop in Bangor, said, "It is a real privilege to receive this new call which I will do my very best to live up to faithfully."

After the news was officially announced, Archdeacon of Margam, Mike Komor, said, "Mary, we're so looking forward to coming to the diocese that I'm taking up this new role. We wish you from the bottom of our hearts a seriously warm welcome from every one of us."

"I've had the privilege of knowing you and working alongside you in a few capacities over the course of the years. This will be a new experience for me and a new experience for you as a diocesan bishop."

"I know that you'll fit very seamlessly into the diocese while also bringing a particular blend of challenges and support that I know you contribute to the life of the work here. So welcome and we look forward to your arrival."



Date of Bishop of Llandaff's Service of Welcome

The Service of Welcome for our new bishop, Rt Rev'd Mary Stallard, will be on Saturday 29th April at noon in Llandaff Cathedral. The Archbishop of Wales will preside and Bishop Mary will preach.

Listen again to Bishop Mary's interview on BBC Radio Wales' All Things Considered

[Listen here](#)



NEWS FROM THE Lychgate

Christmas services were back to normal this year and our Sunday School was able to perform their Nativity in church, a beautiful occasion, very much enjoyed by all the congregation. All our Services were as usual and were well attended. Thanks to Gary and the choir for their beautiful singing both at our Services and the many other celebrations. The Scout Group Service once again was well attended.

Coffee is being served after our 9.30 Eucharist – why not stay and as Reverend Stewart always says – ‘talk to someone you have not spoken to before’! Once a month we hold our 100 Club draw, lucky people in December and January were:-

December 11th	Prize	Number	Winner
—			
1	£25	66	Barbara Beavis
2	£15	101	John Tattersall
3	£10	41	Mary Sullivan

January 15th	Prize	Number	Winner
1	£25	15	Linda Harrington
2	£15	5	Pam O'Brien
3	£10	27	Keith Asher

Ladies Circle continue to meet on the third Tuesday of each month in Roath Church House. Details are on our weekly St Margaret's Newsletter. This years Charity is Maggie's, a very worthwhile cause.

Lent and Easter – Hopefully dates are available elsewhere in the magazine and will also be on our weekly Newsletter.

One of our MAC Representatives, Rachel Kilby, has written an interesting article, published elsewhere in the magazine, re Fairtrade Fortnight. Thank you Rachel! If you have anything of interest you would like to mention, special birthdays, events, etc, why not let Sally Bailey or me (Pam Hall) know – we will be only too pleased to mention it!

Dates for your diary ..

St Margaret's Spring Fayre – Saturday 20 May – Roath Church House.

Flower Festival – Saturday 1 July to Sunday 2 July – St Margaret's

Finally from me – many thanks to Reverend Stewart for his hard work over the Christmas period, especially as he soldiered on 'alone' while Karen, Lydia and Sophie were in Australia.

Now over to Sally who reports that on the afternoon of 21st March myself and my husband Stephen will be hosting the Ladies Circle Quiz at Roath Church House, it will be a joyful afternoon and everyone is welcome.

At one of our ministry area churches St Michaels they will be hosting Lent Groups which will commence on **Wed 8 March: Jesus sharing bread. Wed 15 March: Jesus the Friend. Wed 22 March: The servant Jesus. Wed 29 March: The vulnerable Jesus.** Everyone is welcome and will be including a mixture of art, music, poetry, prayer and meditation. Groups start at 7.15 for tea/coffee and end at 8.30pm. It will be warm and comfortable – it would be really lovely to see people in the season of Lent and share a prayerful, peaceful, reflective time together.

On sadder news I report of the sad passing of both Lynnette Frampton and Joy Stephen who were both valued members of

St Margaret's congregation for many years. Both were very special ladies and we will miss them both terribly.

On behalf of everyone at St Margaret's we would like to extend our deepest condolences and love to their families at this sad time. **REST IN PEACE LYNNETTE AND JOY AND RISE IN GLORY.**



**May the Lord shower his blessings on you
in Lent and Always**
Pam & Sally



St Edward's Notes Lent 2023

Christmas is now behind us for another year, with all its highlights, Carol Service (with our Orchestra again), concerts, Carols around the Tree, the Christmas Raffle (raising £300+) and the Christmas Day presentation by the Sunday School, as always very much enjoyed by friends and families and the congregation. Some of the congregation remembering their own appearances in Nativity Plays in previous years.

The Sunday School made beautiful 'stained glass' decorations for the windows in the Nave, adding to the traditional Crib scene, the altar crib figures from St Annes, the Tree and the beautiful flower arrangements. Thanks to all involved for making Christmas extra special this year after the last few years when Covid has taken its toll.

All these events take organisation and for people to step up and be involved. This year the Bank Holiday after the Coronation on May 8th has been named 'The Big Help Out', a festival of volunteering, and we discussed the opportunity for people to get involved in our church activities at our Committee Meeting on 22nd Jan.

Other items on the Agenda that day were Healing Services (soon to resume in the Ministry Area we hope), and dropped kerbs to facilitate access to the church grounds. We also welcome back the Sunday School at the Eucharist on Sunday mornings, it's wonderful to have you back, we've missed you.

Looking forward to Lent and Easter (already the snowdrops and crocuses are out with daffodils not far behind) lots of events taking place including the Jazz week, coffee concerts and Sunday afternoon concerts. Keep up-to-date via our amazing newsletter, available in church or via the website

<http://www.roath.org.uk/StEdward/Newsletter/newsletter.pdf>

Fairtrade Fortnight February 22nd - 12th March

‘What does the Lord require of us: to act justly, love mercy, and walk humbly with our God’ Micah 6:8.



DID YOU KNOW?

Did you know cocoa, bananas and coffee could soon be much more difficult to find on our shelves?

Climate change is making crops like these harder and harder to grow. Combined with deeply unfair trade, communities growing these crops are being pushed to the brink.

But here's the good news.

More of us choosing Fairtrade means extra income, power, and support for those communities.

By making the small switch to Fairtrade, we can all support producers in protecting the future of some of our most-loved food and the planet.

This year, we will be marking Fairtrade Fortnight by highlighting the importance of buying ethically, to support farmers worldwide, to improve access to tools, sanitation and education, to work toward eliminating exploitation and in turn, to help our planet.

But it is not just Fairtrade items that we can buy. We are all familiar with the Fairtrade logo but look out for Rainforest Alliance and International Cocoa Initiative.



The Rainforest Alliance is an international non-profit organization working at the intersection of business, agriculture, and forests to make responsible business the new normal. They are building an alliance to protect forests, improve the livelihoods of farmers and forest communities, promote their human rights, and help them mitigate and adapt to the climate crisis.



International Cocoa Initiative has a vision of thriving cocoa-growing communities within a dignified, sustainable and responsibly managed cocoa supply chain, where child rights and human rights are protected and respected, and where child labour and forced labour have been eliminated.

This Fairtrade Fortnight, why not consider what you are buying in your weekly shop and use it as a springboard to making more ethical choices going forward.

Some Lenten Services 2023

All these services and events are open to all of us from across the Ministry Area and friends from elsewhere.

Weekday Eucharists in Lent

Tuesday 10 am in St German's

Wednesday 9.30 am in St Margaret's

Wednesday 10.15 am in St Edward's

Thursday 2pm in St Michael's

St Martin's has a daily mass at regular published times

Ash Wednesday 22nd February

Several Eucharists in our churches at the usual times (see above) and at 7.30 pm evening Sung Eucharist in St Margaret's

Mondays from 27th February in St German's at 6.30pm
Stations of the Cross followed by mass at 7 pm.

Wednesday mornings in St Martins from 7 am there is a time of prayer and meditation on Lenten themes.

Wednesday evenings in St Michael's from 7.15pm to 8.30pm
8th March - Jesus sharing bread

15th March - Jesus the friend

22nd March - the Servant Jesus

29th March - the vulnerable Jesus.

Fridays from the 3rd March to the 31st March there will be Lent Lunches in St German's Church Hall preceded by a short meditation in Church from 12noon. The bread, soup and cheese lunch will be from 12.45pm. These will be raising funds for Christian Aid.

Visit <http://www.roath.org.uk/> for more details of these and many other events taking place in the run-up to Holy Week and Easter

SUNDAY AND WEEK-DAY WORSHIP

St Edward's and St Margaret's

(For Holy Day Celebrations see Weekly
Newsletter)

ST. MARGARET'S CHURCH WATERLOO ROAD

Sun: 8.00 am Holy Eucharist
9.30 am Sung Eucharist
9.30 am Sunday School R.C. House
(every Sunday during school terms)
Wed: 9.30 am Holy Eucharist

ST. EDWARD'S CHURCH BLENHEIM ROAD

Sun: 11.00 am Sung Eucharist & Sunday
School
6.30 pm Choral Evensong
Wed: 10.15 am Holy Eucharist

**Check the websites/newsletter for up-to-date
information on services**

Copy date for the next magazine (Easter) is March 19

Please send email contributions to:

Sue Mansell, smmansell@icloud.com

or Gwynn Ellis, rgellis@ntlworld.com, (preferably using Arial font 12)

BLESSED
are the
FLEXIBLE
FOR / SHALL
THEY *BE*
NOT
BENT *OUT*
SHAPE

For the latest information on Covid Guidance and Church services please visit our Website <http://www.roath.org.uk/>

Articles in this magazine reflect the views of their authors, and not necessarily the official teachings of the Church.